

ADVANTAGES TO USE GIVOMAG

1 A "3 IN 1" SALT

It supplies magnesium, glycerol and phosphorus.

2 DOUBLE INTEREST

This type of magnesium salts has a physiologic and a metabolic interest due to the glycerophosphate, which is absent in inorganic magnesium salts.

3

A SUPERIOR WAY

As part of nutraceuticals or health food, GIVOMAG is a highly bioavailable source of magnesium.



SCIENTIFIC EVIDENCES

Magnesium glycerophosphate is easily digestible and shows excellent absorption. Some other clinical studies prove positive effect on cardiovascular system and a muscle relaxant power.

A CHELATE

Glycerophosphate is an excellent vector for delivering magnesium into the GI tract.



GIVOM

Dietary surveys consistently show that magnesium intake is much lower than the recommended RDA.

In particular women only get 77% and men 72% of the RDA through their diets. However magnesium is crucial for maintaining optimal health as it participates to more than 300 enzymatic reactions.

Among all the different type of magnesium salts available today, GIVOMAG stands out as it does more than just supply magnesium to our body.

GLYCEROL

Fuel of energy 1 molecule glycerol = 19 ATP

Phoenholipide eynthoeis

MAGNESIUM

Health benefits

Nervous system
Psychological function
Bones & teeth
Muscular function
Reduction of tiredness and fatigue
Electrolyte balance
Energy yielding metabolism

PHOSPHORUS

Health benefits

Brain functioning
Digestive health
Bones & teeth
Eliminates muscle weakness & fatigue
Kidney health
Hormone balance
Energy yielding metabolism

References

Mettey, Severe selective magnesium malabsorption: tests of tolerance of oral magnesium supplements, *Magnes Res*; 291-5, 1990

Lewis, Oral magnesium reduces ventricular ectopy in digitalised patients with chronic atrial fibrilation, *Eur J Clin Pharmacol*; 38, 1990

SUVIMAX study (1994-2003)

Manconi, Improving oral biovailability and pharmacokinetics of liposomal metformin by glycerophosphate-chitosan microcomplexation, AAPS PharmSciTech; Vol.14 N°2, 2013

Rossier, The effect of magnesium oral therapy on spasticity in a patient with multiple sclerosis, *European Journal of Neurology*;

MAKING THE DIFFERENCE

Of all the commercially available organic magnesium salts, magnesium glycerophosphate has the highest elemental magnesium content and shows a very good solubility in a large range of pH.

Contrary to other organic and inorganic magnesium salts, GIVOMAG does not cause any GI disorders (flatulence and nausea).

TECHNICAL INFORMATION

CHARACTERISTICS

Appearance ____ Fine white powder

Taste & Odour ___ Neutral

Solubility ____ Highly water soluble

Composition — 12.5% Mg content 15.9% P content

APPLICATIONS

Beverages
Dairy products
Cereals & Confectionery
Baby food
Functional food
Dietary supplements
Sports food
Medical nutrition

THEORETICAL MAGNESIUM CONTENT

GIVOMAG

12.50%

HIGH QUALITY MINERAL SALT

GMP Accreditation





Site Givaudan Lavirotte
56 rue Paul Cazeneuve - 69008 Lyon - France
Tel : +33 4 7861 5577 - contact@isaltis.com

www.isaltis.com